

The Teeth

New Terms

1. *Temporary Teeth*

The first set of teeth or milk teeth. This set of 20 teeth start growing around 6 months of age.

2. *Permanent Teeth*

This set of 32 teeth start replacing the milk teeth from 6 years of age.

3. *Incisors*

Flat teeth with sharp edges to cut and bite.

4. *Canines*

Sharp and pointed teeth to tear off certain foods like meat.

5. *Premolars*

Broad teeth to crush the food.

6. *Molars*

Big, flat and broad teeth used for chewing and grinding the food well.

7. *Root*

The part of a tooth that is inside the gums.

8. Enamel

The white, outer most layer of the tooth.

9. Dentine

The yellow layer below the enamel.

10. Pulp

The inner most layer of a tooth. It is very soft and contains the nerves and blood vessels.

11. Plaque or Dental Plaque

A sticky and yellow layer formed by germs on the teeth.

12. Flossing

Using a thin and strong thread to clean the area between two teeth.

Question-Answers

Q1. Name the 4 types of teeth and their number.

Ans. The 4 types of teeth and their number are:-

- a. Incisors - 8
- b. Canines - 4
- c. Premolars - 8
- d. Molars - 12

Q2. What happens to unclean teeth?

Ans. Food particles get stuck in between our teeth when we eat. It also forms a dirty coating on the teeth enamel. This leads to growth of germs and tooth decay in unclean teeth.

Q3. How does plaque lead to tooth decay?

Ans. Plaque has germs that make acids that destroy the protective enamel on a tooth. This leads to tooth decay and cavities.

Q4. Name the 2 parts of a tooth.

Ans. The 2 parts of a tooth are:-

- a. Crown - The part of a tooth outside the gums
- b. Root - The part of a tooth inside the gums.

Q5. Name the layers of a tooth.

Ans. A tooth has 3 layers.

- a. Enamel
- b. Dentine
- c. Pulp

Q6. What should we eat or avoid for healthy teeth?

Ans. For healthy teeth we should:-

- a. eat a balanced diet and calcium rich foods like milk and milk products
- b. avoid fizzy drinks and sweets.